

Timetable

The below timetable is the Maitland Aquatics Aqua Program during November 2019

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|---|---|---|
| 6.30am - 7.15am MAITLAND AQUA | | 6.30am - 7.15am MAITLAND AQUA | 6.30am - 7.15am EAST MAITLAND AQUA DEEP WATER | 6.30am - 7.15am MAITLAND AQUA | 7.00am - 7.45am MAITLAND AQUA |
| | | 10.00am - 10.45am EAST MAITLAND AQUA | | | |
| 11.15am - 12.00pm MAITLAND AQUA | 11.15am - 12.00pm MAITLAND AQUA | 11.15am - 12.00pm MAITLAND AQUA OVER 50s | 11.15am - 12.00pm MAITLAND AQUA | 11.15am - 12.00pm MAITLAND AQUA | |
| 5.30pm - 6.15pm EAST MAITLAND AQUA | 12.15pm - 12.45pm* MAITLAND BIKE | | | | |
| 5.45pm - 6.15pm* MAITLAND BIKE | | 5.45pm - 6.15pm* MAITLAND BIKE | | | |
| 6.15pm - 6.45pm* MAITLAND BIKE | 6.15pm - 7.00pm MAITLAND AQUA | 6.15pm - 6.45pm* MAITLAND BIKE | 6.15pm - 7.00pm MAITLAND AQUA | | |

*Bike classes have limited places. Bookings are essential by phoning 4933 5073. Walk ins accepted if bikes are available.

