

SQUAD ASSESSMENT INQUIRY

CONTACT DETAILS		
First name		
Last name		
Phone number		
Email		
Child's name		
Child's date of birth		
SWIMMING ABILITIES		
Is the swimmer a member of a swimming club?		
MINIMUM ASSESSMENT CRITERIA	YES	NO
200m continuous freestyle without signs of fatigue and good technique		
100m backstroke with good technique		
Knowledge of freestyle and backstroke turns		
Use of fly/dolphin kick		
Propulsive breaststroke kick and pull		
Clean racing dive		

Ability to swim butterfly (25m)

^{*}Swimmers must be prepared to swim multiple 60 minute sessions each week of up to 2km each.