



# Food Assistance Network



Food Assistance



Food Vouchers

Listed below are some local organisations providing meals for free or at low cost for people needing assistance in Maitland. Scan the QR code to find out more.

| M | T | W | T | F | S |
|---|---|---|---|---|---|
|---|---|---|---|---|---|

**Maitland Region Community Support (MRCS) 11 Arthur Street, Rutherford - 02 4932 0950**

|                      |                      |                      |                      |                      |  |
|----------------------|----------------------|----------------------|----------------------|----------------------|--|
| 10.00am - 3.00pm<br> | 10.00am - 3.00pm<br> | 10.00am - 3.00pm<br> | 10.00am - 3.00pm<br> | 10.00am - 3.00pm<br> |  |
|----------------------|----------------------|----------------------|----------------------|----------------------|--|

**Metford Community Baptist Church - Grace Community Kitchen 83-85 Chelmsford Drive, Metford - 02 4934 5350**

|  |                       |                       |  |                      |  |
|--|-----------------------|-----------------------|--|----------------------|--|
|  | 10.00am - 12.00pm<br> | 10.00am - 12.00pm<br> |  | 12.00pm - 2.00pm<br> |  |
|--|-----------------------|-----------------------|--|----------------------|--|

**Maitland Uniting Church - MUNCH Program 347 Ken Tubman Drive, Maitland - 0493 828 071**

|            |  |            |  |  |  |
|------------|--|------------|--|--|--|
| 5.00pm<br> |  | 5.00pm<br> |  |  |  |
|------------|--|------------|--|--|--|

**St Vincent de Paul 437 High Street, Maitland - 02 4961 6885 - By appointment only. Please phone for an appointment the day before between 9.00am - 12.00pm.**

|                      |                      |                      |                      |                      |  |
|----------------------|----------------------|----------------------|----------------------|----------------------|--|
| 9.00am - 12.00pm<br> | 9.00am - 12.00pm<br> | 9.00am - 12.00pm<br> | 9.00am - 12.00pm<br> | 9.00am - 12.00pm<br> |  |
|----------------------|----------------------|----------------------|----------------------|----------------------|--|

**House of Grace Community Care - Maitland Food Co-op 61 Victoria Street, East Maitland - 02 4972 2290**

|  |  |  |                      |                      |  |
|--|--|--|----------------------|----------------------|--|
|  |  |  | 10.00am - 2.00pm<br> | 10.00am - 2.00pm<br> |  |
|--|--|--|----------------------|----------------------|--|

**Telarah Rutherford Anglican Church - Samaritans Emergency Relief 92 Gillies Street, Rutherford - 02 4993 3400**

Please phone on Monday between 9.00am - 12.00pm for an appointment on Tuesday morning.

|  |                      |  |  |  |  |
|--|----------------------|--|--|--|--|
|  | 9.00am - 11.00am<br> |  |  |  |  |
|--|----------------------|--|--|--|--|

**Saint Peter's Church, Anglican Parish of East Maitland - St Peter's Pantry**

Call 0400 652 406 on Tuesday between 9.00am - 1.00pm to register for Wednesday pick up.

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|--|--|--------------------|--|--|--|
|  |  | By appointment<br> |  |  |  |
|--|--|--------------------|--|--|--|

**Our Circle Maitland temporarily located at Hope Unlimited Church Maitland 13/1a Ken Tubman Drive - 0418 219 233**

|  |  |  |  |  |                     |
|--|--|--|--|--|---------------------|
|  |  |  |  |  | 5.00pm - 6.00pm<br> |
|--|--|--|--|--|---------------------|

Organisations in the Food Assistance Network also provide additional services, such as hygiene packs and clothing. Please reach out to them for more information. The information provided on this flyer was correct at the time of printing. Please contact the individual service provider for the most up to date information.

## Notes

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